

## Грамматика и лексика

### Задания группы А

3

Прочитайте текст с пропусками, обозначенными номерами A1-A7. Эти номера соответствуют заданиям A1-A7, в которых представлены возможные варианты ответов. Отметьте номер выбранного вами варианта ответа.

#### Dream machine

This could be the answer to our dreams: a new exercise machine that claims to squash an hour's training **A1** \_\_\_\_\_ a mere four –minute fit of activity. The Timeworks exerciser **A2** \_\_\_\_\_ each of the body's muscle groups to be exercised simultaneously. Use it four times a week for four minutes and you are **A3** \_\_\_\_\_ better fitness, weight loss and body toning. Sounds great, but does it work?

According to a study at New York University, it does. Dr Roberts says: "Fitness improves **A4** \_\_\_\_\_ to the metabolic effect of exercising every muscle group, and fat is burned more **A5** \_\_\_\_\_."

But don't rush out and buy one just yet. Apart **A6** \_\_\_\_\_ being a bit pricey, British experts aren't so sure. "Four minutes" exercise four times a week isn't enough," says Dr Warren. "And you don't need expensive equipment to exercise – walking or visiting a sport centre are **A7** \_\_\_\_\_ valuable ways of keeping fit."

- |            |                |                |
|------------|----------------|----------------|
| <b>A1.</b> | 1) through     | 3) into        |
|            | 2) from        | 4) with        |
| <b>A2.</b> | 1) gives       | 3) lets        |
|            | 2) affords     | 4) allows      |
| <b>A3.</b> | 1) achieved    | 3) reached     |
|            | 2) given       | 4) promised    |
| <b>A4.</b> | 1) thanks      | 3) because     |
|            | 2) due         | 4) –           |
| <b>A5.</b> | 1) quickly     | 3) skillfully  |
|            | 2) effectively | 4) efficiently |
| <b>A6.</b> | 1) from        | 3) that        |
|            | 2) to          | 4) for         |
| <b>A7.</b> | 1) neither     | 3) too         |
|            | 2) either      | 4) both        |